Today's Presentation



Continuous Exterior Insulation: Design Considerations for Improved Durability and Energy Performance

> M. Steven Doggett, Ph.D., LEED AP Built Enviornments. Inc.

Background

Definitions

Compliance Paths

3. Historical Context

- **Design Considerations**
 - Thermal Bridging
 - Moisture Control
 - Drainage Plane
 - 4. Rainscreens

- Case Studies
 - Rainscreen Airflows
 - Convective Heat Loss
 - **Insulation Gaps**

Please feel free to ask questions at any point in this presentation

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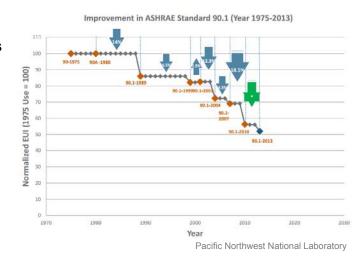
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Continuous Insulation



What is driving CI?

- Increasing stringency in energy codes
 - Goals
 - Prescriptive Paths
- Energy inefficiency of wall types
 - Wood frame: 10-20% reduction
 - Steel frame: 50-60% reduction
- Voluntary energy initiatives
 - Green Building Codes
 - LEED, GBI
 - Passive House



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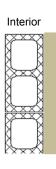
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Definition – ASHRAE 90.1 2010

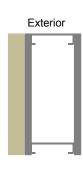


Continuous Insulation

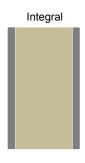
"Insulation that is continuous across all structural members without thermal bridges other than fasteners and service openings. It is installed on the interior, exterior or is integral to any opaque surface of the building envelope."











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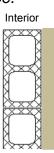
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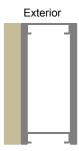
Definition – Minnesota 1323.0020



Continuous Insulation

"Insulation that is continuous across all structural members without thermal bridges other than fasteners and service openings. It is installed on the interior, exterior or is integral to any opaque surface of the building thermal envelope."







Definition – Minnesota 1323.0020



Continuous Insulation

"Insulation that is continuous across all structural members without thermal bridges other than fasteners and service openings. It is installed on the interior, exterior or is integral to any opaque surface of the building thermal envelope."

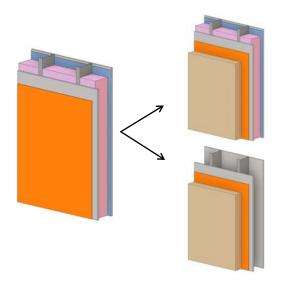
Key Considerations for MN: Cladding Attachment Systems

- Cladding attachment systems are not explicitly addressed
- MN enforcement is not necessarily addressing thermal bridging by cladding attachment systems
- Life & Safety may supersede prescriptive R value requirements
- Enforcement relies on the opinion of the design professional

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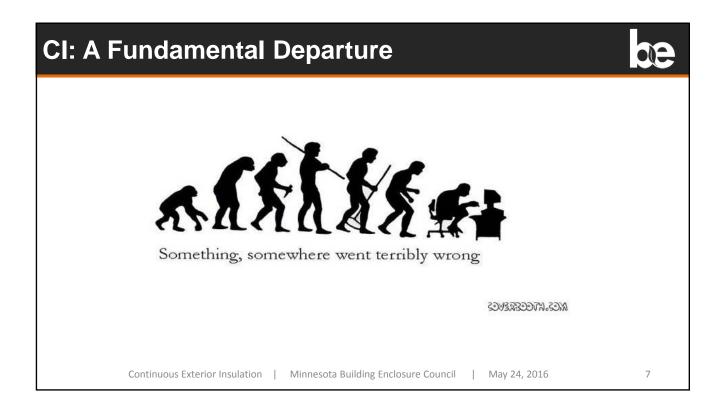
CI: A Fundamental Departure

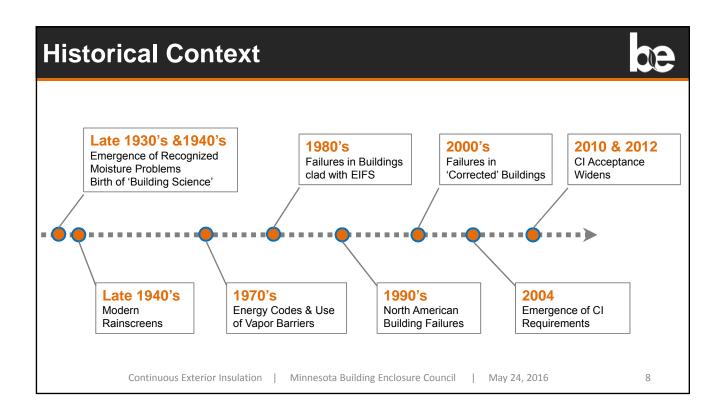


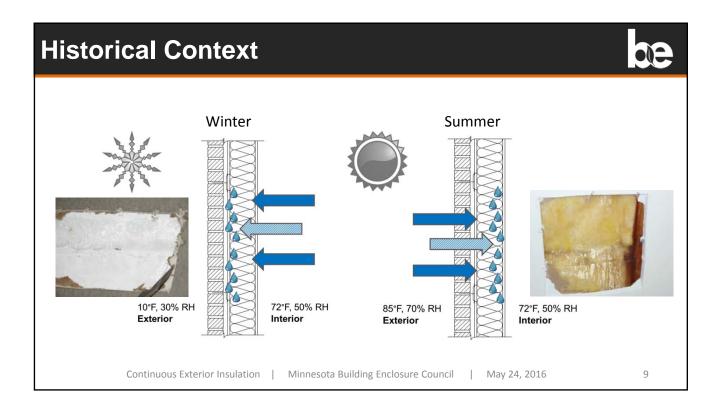


The Consequence of Change

- 1. Reduced thermal bridging
- 2. Altered air permeability
- 3. Altered vapor permeability
- 4. Dual drainage plane
- 5. Isolation of drainage plane from rainscreen
- 6. Thermally buffered wall sheathing
- 7. Altered moisture transport paths/rates
- 8. Increased complexity







Historical Context



'Doctrines for Moisture Control' 1994 ASTM MNL 18: Moisture Control in Buildings

- The building will not leak.
- The building will not allow the accumulation of water where the building may be adversely affected.
- The building will not be unduly affected by predictable influx of moisture in the physical construction.
- The building will expel water which enters into the construction predictably.
- The building will not utilize materials that entrap excessive amounts of water under predictable circumstances.

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Historical Context



'Doctrines for Moisture Control' **3 Important Points**

- 1. Perhaps all moisture-related problems could be prevented.
- 2. Instead, moisture-related problems remain the primary cause of building failures.
- 3. CI mandates have further complicated these flawed practices.

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11

Design Considerations

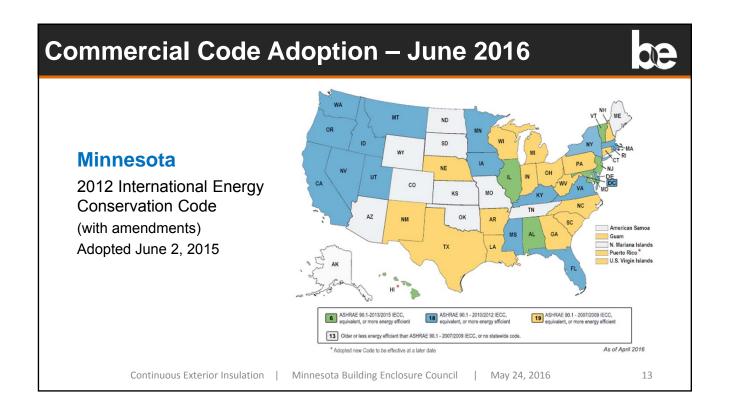


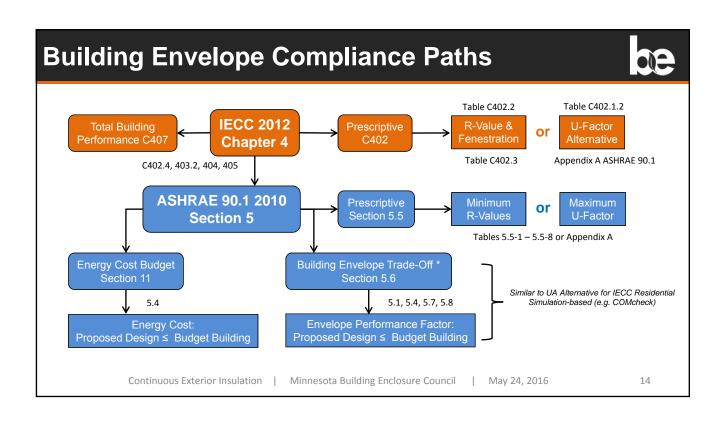
The Human Factor

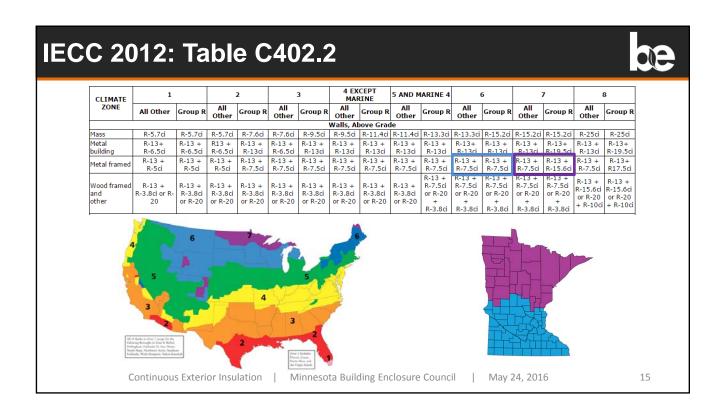
- Design & construction processes are imperfect.
- Manufactured systems are imperfect.
- New performance standards create new challenges.
- High maintenance objectives are rarely achieved.
- Humans like to re-purpose buildings.

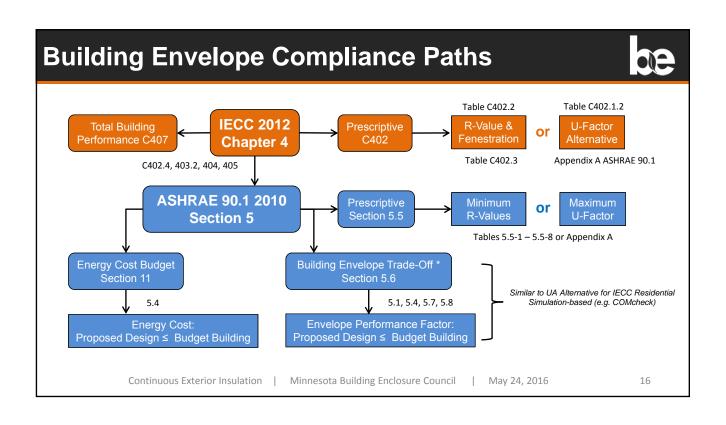
The Climate Factor

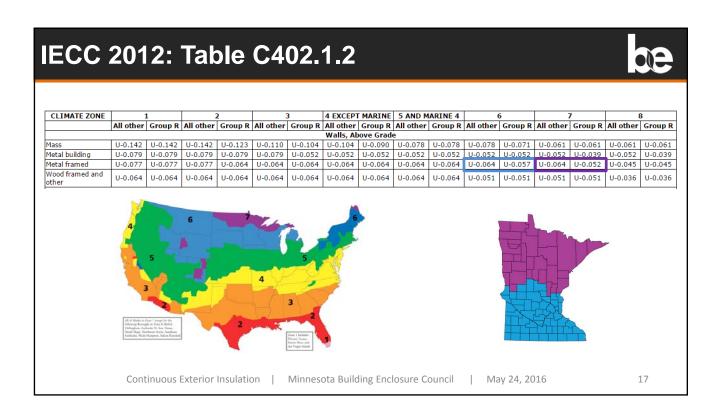
- Reasonable climate extremes are not addressed.
- Design assumptions for water entry are inadequate.

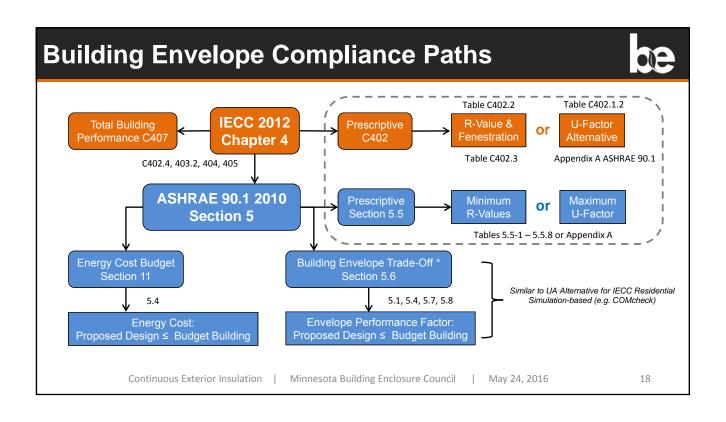












Building Envelope: Prescriptive Design



Continuous Insulation – Steel Frame



Required for all climate zones



Not required for climate zones 1 and 2

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19

Building Envelope: Prescriptive Design



Air Barrier





Continuous Air Barrier: air permeability no greater than 0.004 cfm/ft² (0.02 L/s • m²) under a pressure differential of 0.3 inches water gauge (w.g.) (75 Pa) when tested in accordance with **ASTM E 2178**





Assemblies of materials and components with an average air leakage not to exceed 0.04 cfm/ft² (0.2 L/s • m²) under a pressure differential of 0.3 inches of water gauge (w.g.)(75 Pa) when tested in accordance with ASTM E 2357, ASTM E 1677 or ASTM E 283



The completed building shall be tested and the air leakage rate of the building envelope shall not exceed 0.40 cfm/ft² at a pressure differential of 0.3 inches water gauge (2.0 L/s • m² at 75 Pa) in accordance with ASTM E 779 or an equivalent method approved by the code official.

The air leakage of fenestration assemblies shall meet the provisions of Table C402.4.3. or



- Exception: Air barriers are not required in buildings located in Climate Zones 1, 2 and 3.
- Additional exceptions

Section 5.4.3.2 in ASHRAE 90.1 2010

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Building Envelope: Prescriptive Design



Considerations & Limitations

- 1. Most straightforward, but not always the most cost-effective.
- 2. Costs are driving alternative compliance options.
- 3. Assembly U-factors for common wall types are available (e.g. Table A3.3 ASHRAE 90.1 2010). These factors may not be accurate as desired for a specific wall type.
- 4. The effects of thermal bridging are not addressed.
- 5. Considerations for moisture performance are not addressed.
- Must still consider NFPA 285 compliance (fire propagation).

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21

Prescriptive Strategies



Exterior CI



Advantages

- Improved energy efficiency
- Improved moisture performance
- Potential cost reductions

Disadvantages

- Cladding attachment considerations
- Dual drainage plane
- Lacks historical precedence regarding performance for varied assemblies

Hybrid



Advantages

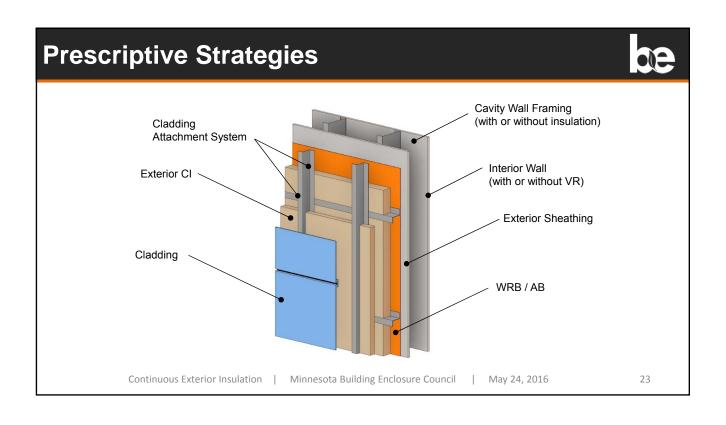
- Even higher energy efficiency
- Potential cost reduction for cladding attachment

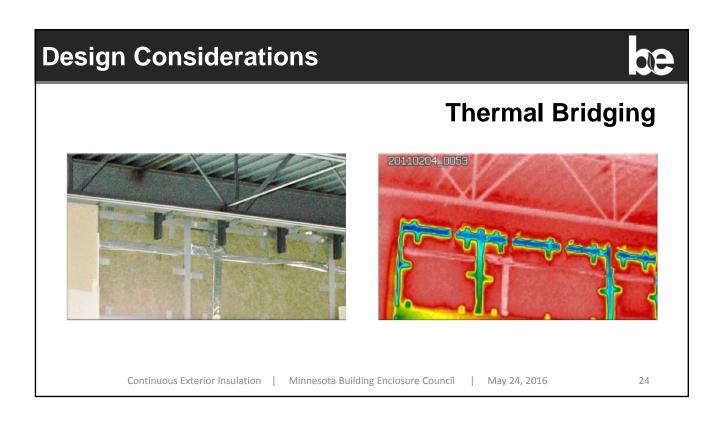
Disadvantages

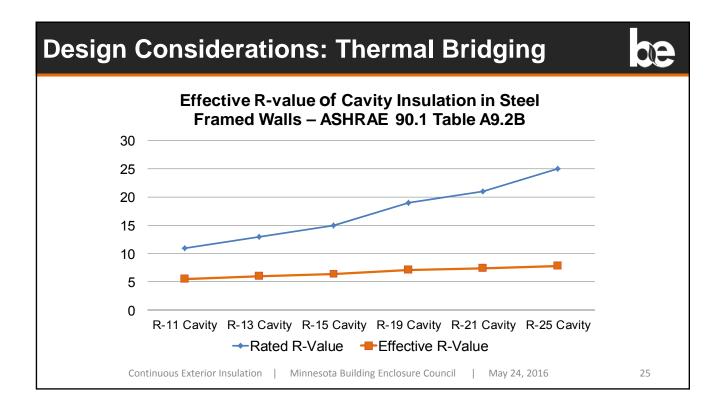
Same as Exterior CI, plus:

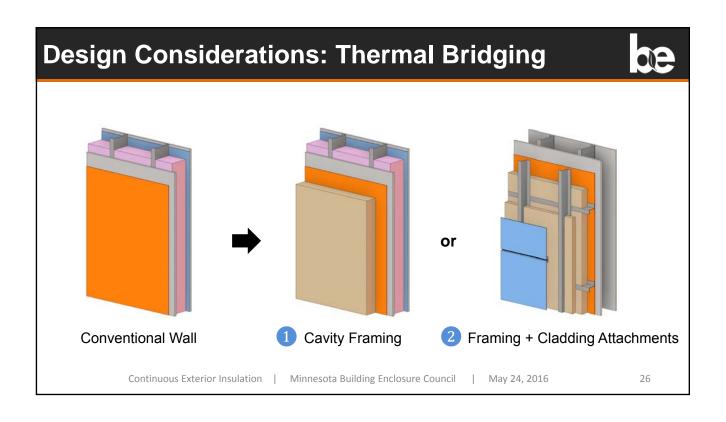
- Considerations for interior VR
- Higher potential for hygrothermal problems

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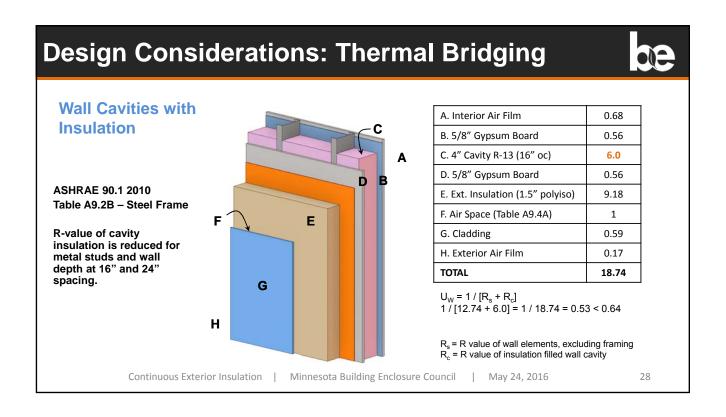




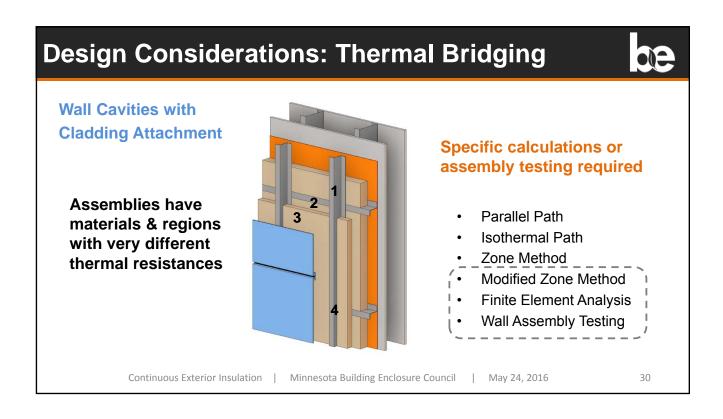




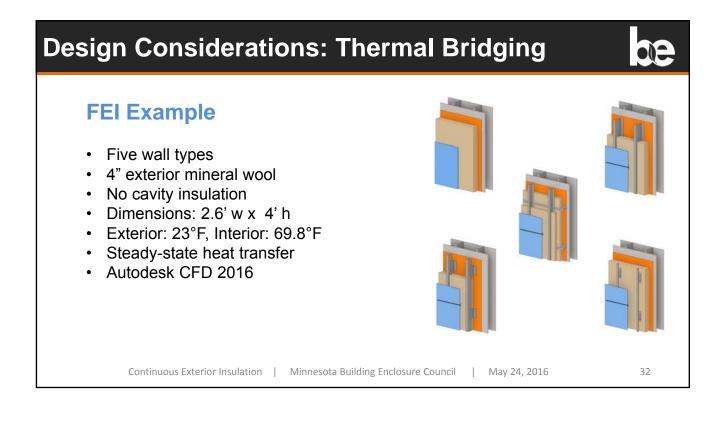
Design Considerations: Thermal Bridging Basic Insulation Strategies Conventional Wall Hybrid Wall Exterior CI Wall **Unmitigated Bridging** Reduced Bridging No Appreciable Bridging **Unconditioned Sheathing** Semi-Conditioned Sheathing **Conditioned Sheathing** High Drying Potential Low Drying Potential Low Drying Potential Continuous Exterior Insulation | Minnesota Building Enclosure Council | May 24, 2016 27

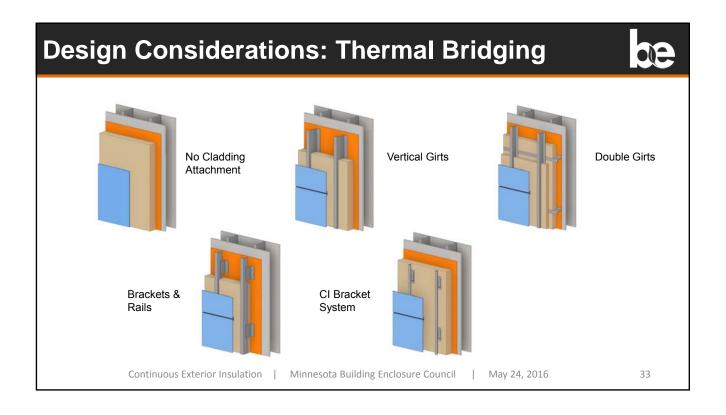


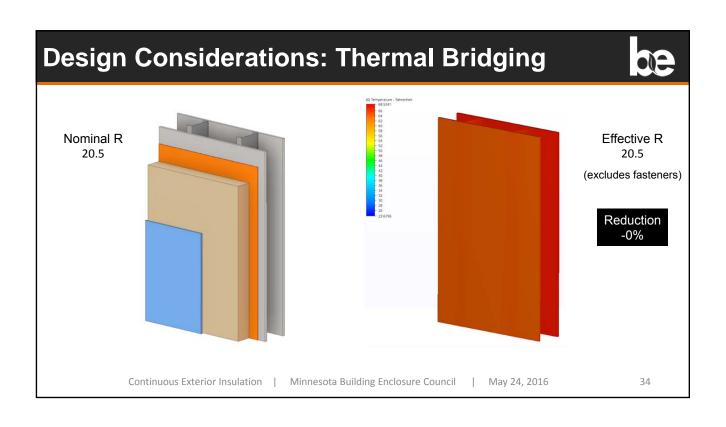
Design Considerations: Thermal Bridging Wall Cavities without A. Interior Air Film 0.68 Insulation B. 5/8" Gypsum Board 0.56 C. 6" Cavity Air Space (16" oc) 0.79 D. 5/8" Gypsum Board 0.56 **ASHRAE 90.1 2010** E. Ext. Insulation (2.5" polyiso) 15.3 Ε Table A9.2B - Steel Frame F. Air Space 1 R-value of empty air space G. Cladding 0.59 is either 0.79 (16" on H. Exterior Air Film 0.17 center) or 0.91 (24" on center). TOTAL 19.65 G $U_{W} = 1 / [R_{s} + R_{e}]$ 1 / [18.86 + 0.79] = 1 / 19.65 = 0.51 < 0.64 н R_s = R value of wall elements, excluding framing R_e = R value of empty wall cavity Continuous Exterior Insulation | Minnesota Building Enclosure Council 29 May 24, 2016

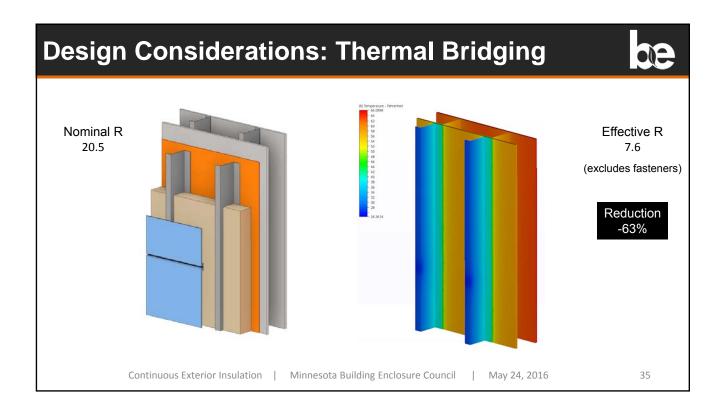


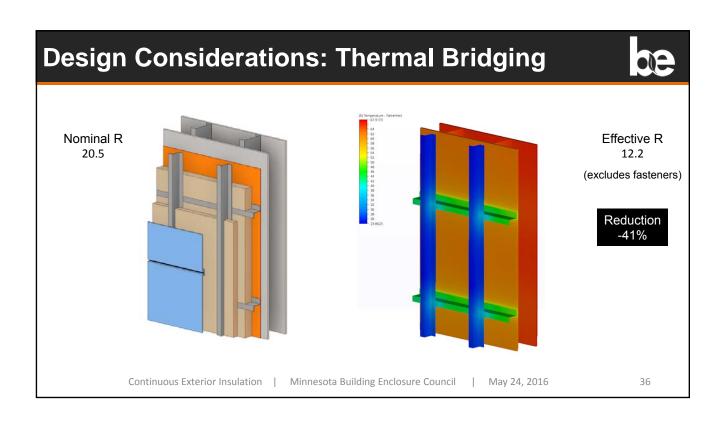
Finite Element Analysis – a mathematical simulation for predicting how a product or assembly reacts to real-world forces, vibration, heat, fluid flow, and other physical effects. Analyses are conveyed on three-dimensional tetrahedral meshes. Continuous Exterior Insulation | Minnesota Building Enclosure Council | May 24, 2016 31

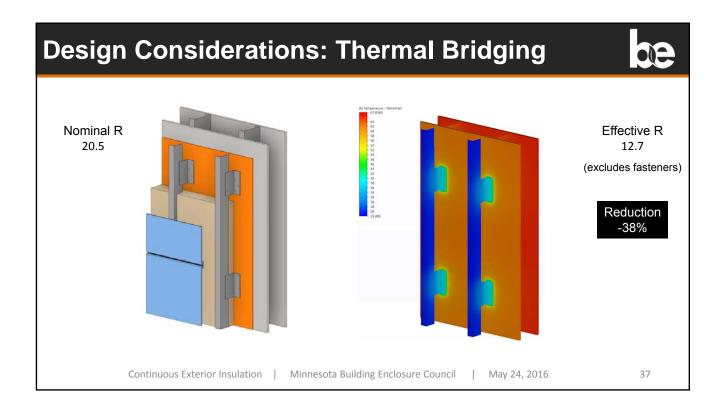


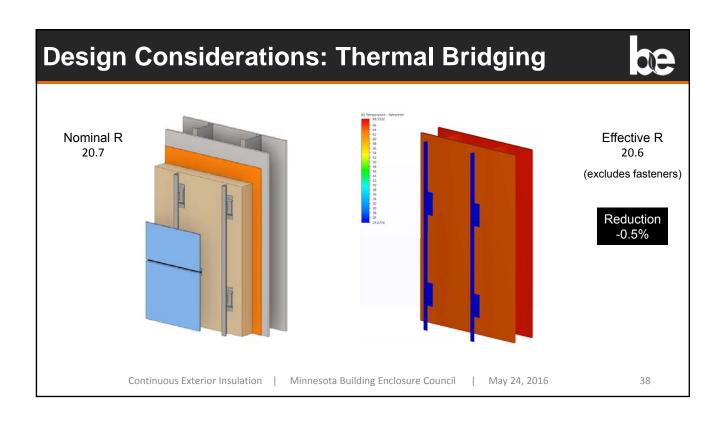












Design Considerations



Moisture Control Design





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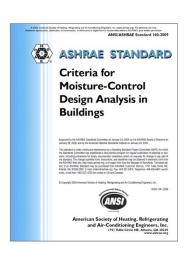
Design Considerations: Moisture Control



ASHRAE 160-2009

The purpose of this standard is to specify performance-based design criteria for predicting, mitigating, or reducing moisture damage to the building envelope, materials, components, systems, and furnishings, depending on climate, construction type, and HVAC system operation. These criteria include:

- a. Criteria for selecting analytical procedures
- b. Criteria for inputs
- c. Criteria for evaluation and use of inputs



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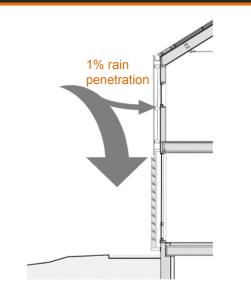
Design Considerations: Moisture Control



ASHRAE 160: Rainwater Penetration

In the absence of specific full-scale test methods and data for the as-built exterior wall system being considered, the default value for water penetration through the exterior surface shall be 1% of the water reaching that exterior surface.

The deposit site for the water shall be the exterior surface of the water-resistive barrier. If a waterresistive barrier is not provided, then the deposit site shall be described and a technical rationale for its location shall be provided.



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41

Design Considerations: Moisture Control



ASHRAE 160: Evaluation Criteria

Running Average Surface RH	Running Average Temperature	Period (days)
→ <80	41°F - 104°F	30
<98	41°F - 104°F	7
<100	41°F - 104°F	1

Conditions Necessary to Minimize Mold Growth Conditions Necessary for Prevention of Corrosion



Design Considerations: Moisture Control



ASHRAE 160 Evaluation Criteria

These criteria apply to all materials and surfaces except the exterior of the building envelope.

Materials that are naturally resistant to mold or have been chemically treated to resist mold growth may be able to resist higher surface relative humidities and/or resist for longer periods as specified by the manufacturer.



ASTM C-1338: Insulation & Facings

ASTM D-3273, ASTM D-5590: Paints & Coatings



43

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 Select from Map Region/Continen

Design Considerations: Moisture Control





Wärme- Und Feuchtetransport Instationär - Transient heat and moisture transport.

Climate Data Files

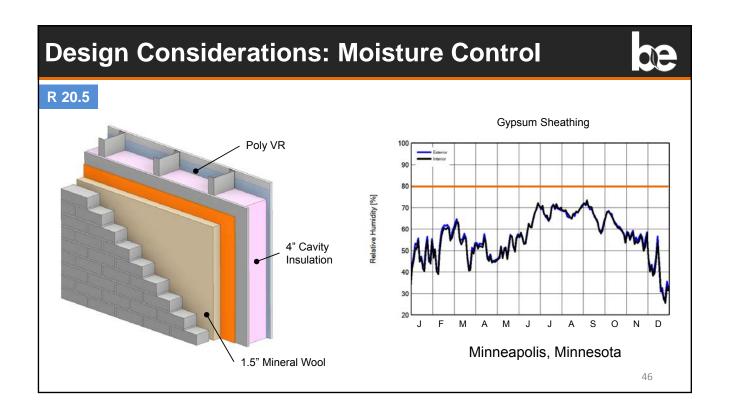
- Warm Year / Cold Year
- ASHRAE Weather Years (RP1325) Moisture Design Reference Years
 - Year 1 most severe
 - Year 2
 - Year 3 least severe

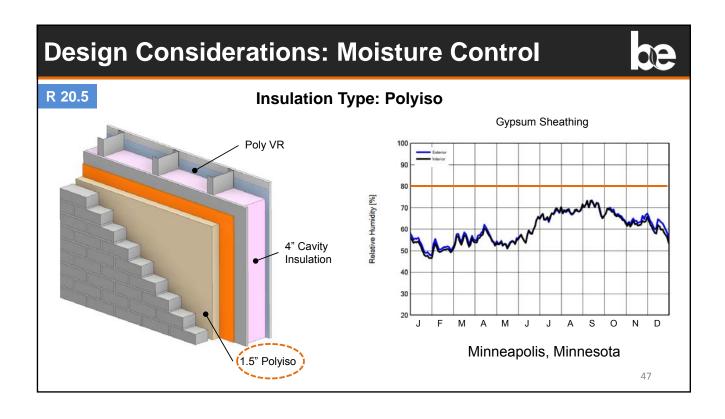
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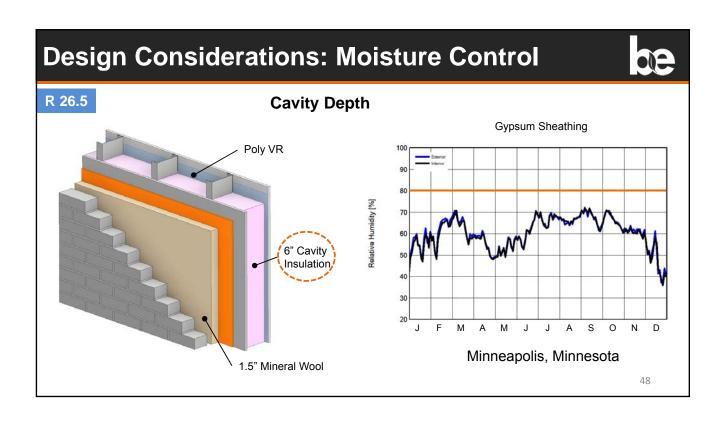
Geographic Longitude [1]: Geographic Latitude ['] Altitude [ft] Time Zone [hours from UTC]

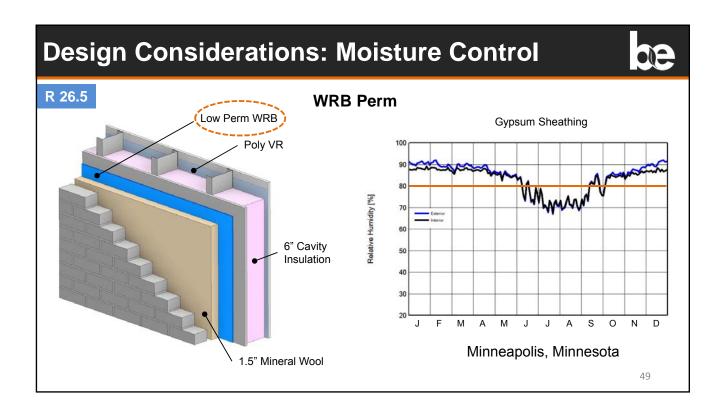
OK Cancel Help

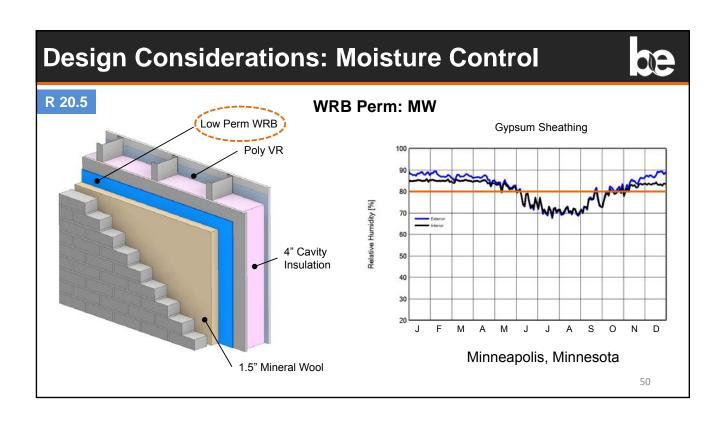
Design Considerations: Moisture Control Hygrothermal Examples Brick-clad wall Continuous ventilated air space: 5 ACH Various insulation strategies Varied configurations: WRB and VR Climate: Minneapolis, Minnesota ASHRAE Year 1 Monitor RH at exterior and interior surfaces of gypsum sheathing

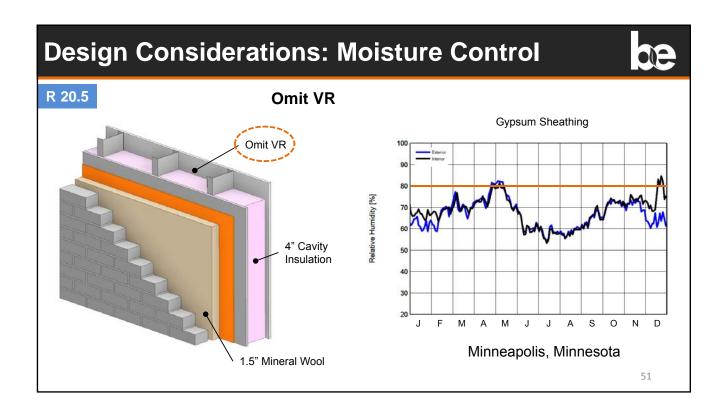


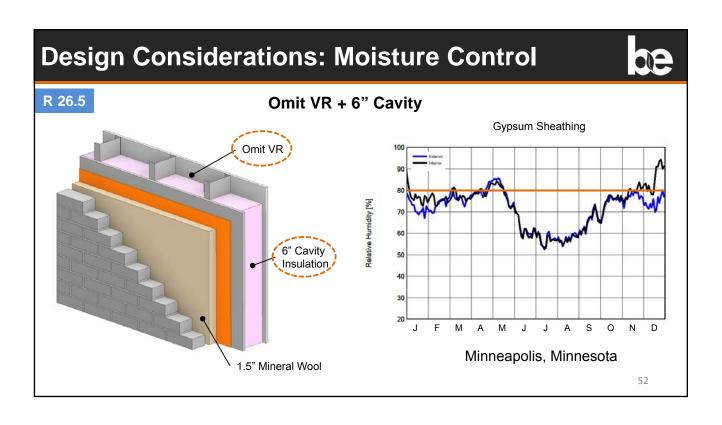


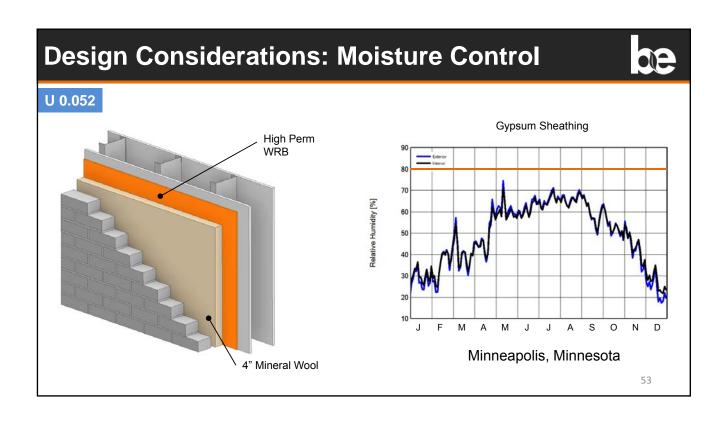


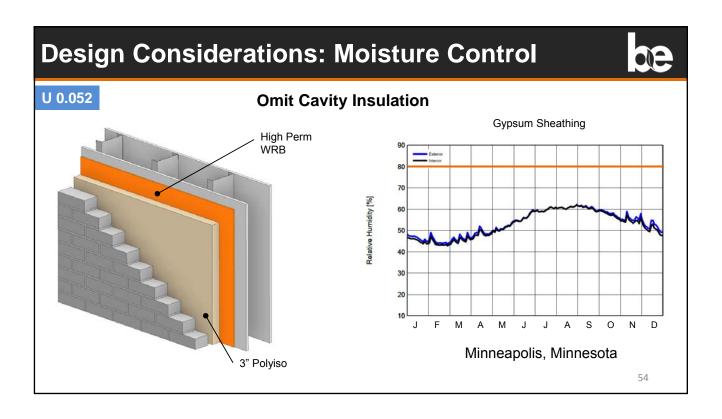


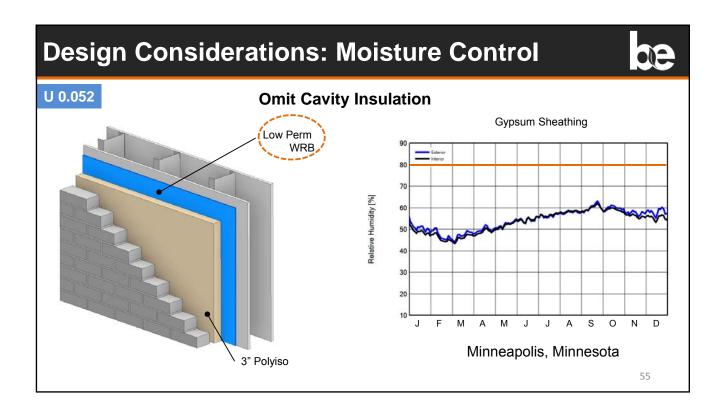


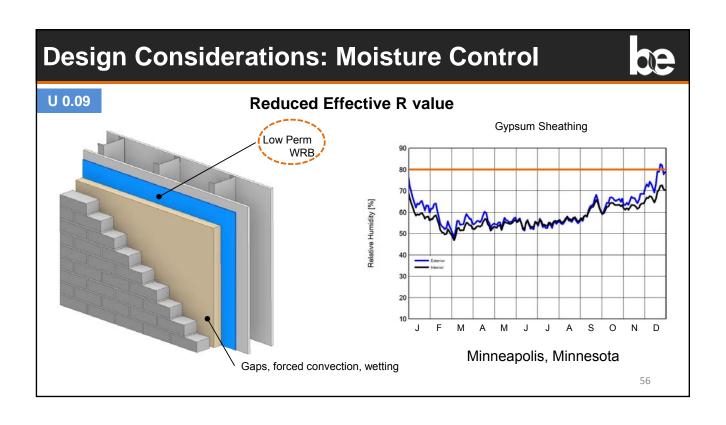


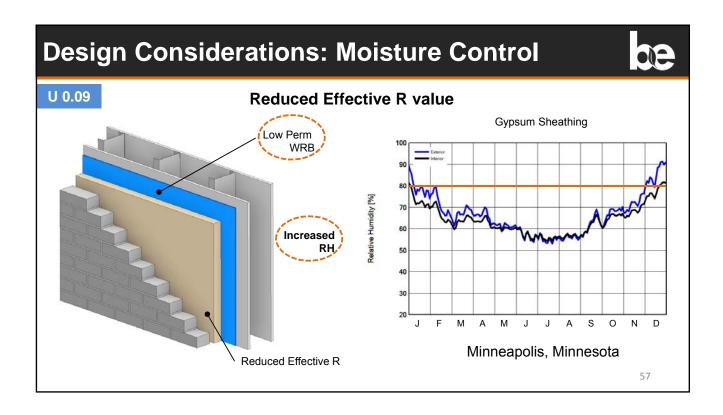










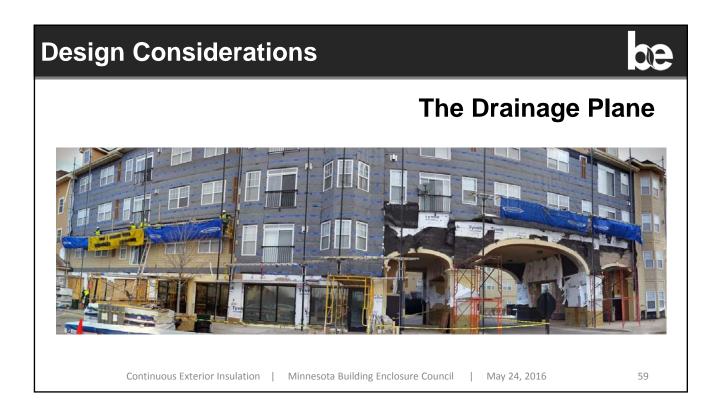


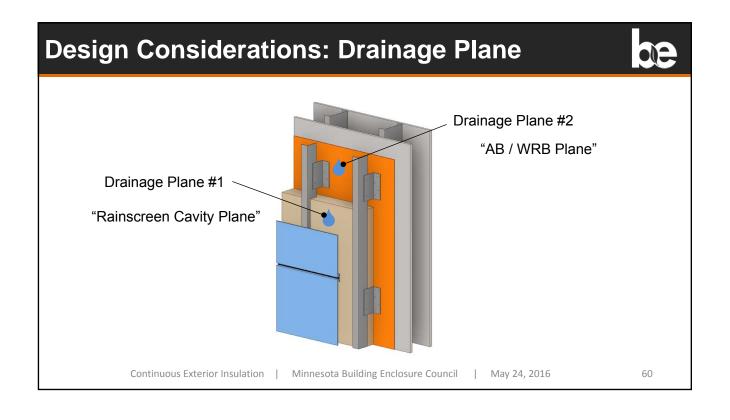
Design Considerations: Moisture Control

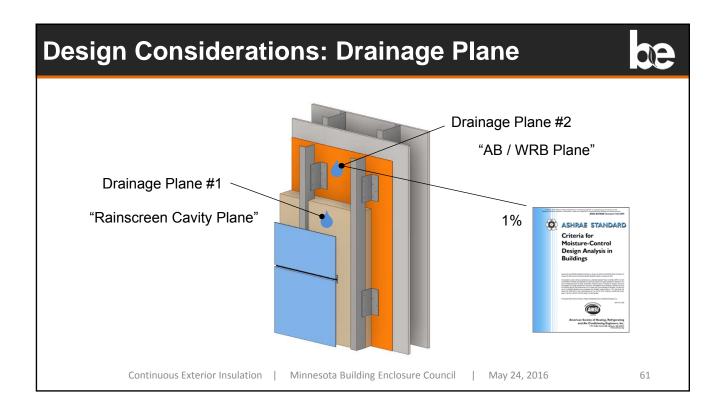


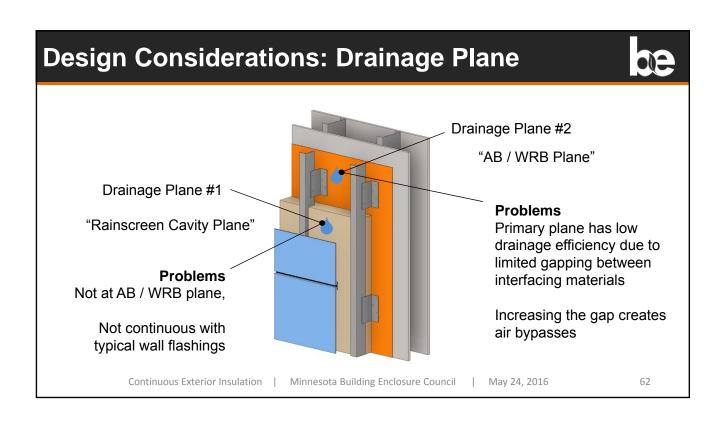
Summary: Several factors affect wall performance

- Proportion of exterior and interior insulation
- Configured Air / WRBs
- Continuity of Exterior Insulation
 - Gaps and wind washing
- Continuity of Interior Vapor Retarder
- Air leakage & exfiltration
- Assumptions regarding moisture loading (wind-driven rain)
 - How much? Distribution?
 - **Hygrothermal Model Assumptions**
- Climate
 - Exterior climate extremes, Interior RH

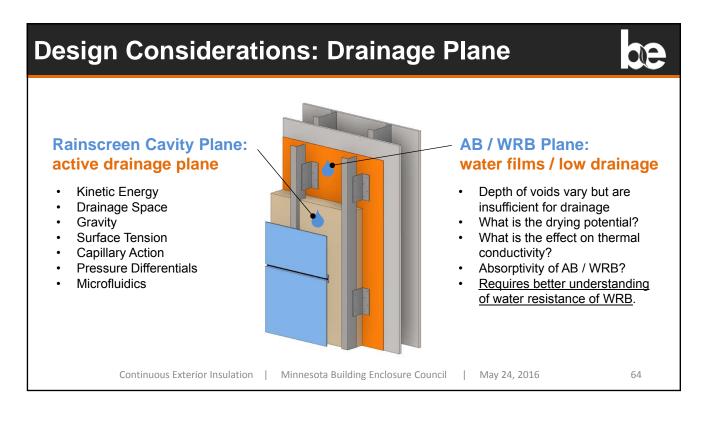








Design Considerations: Drainage Plane 48" Spray nozzle ASTM E2273. Standard Method for and box Determining the Drainage Efficiency of 2" X 24" Fault Slot Exterior Insulation and Finish Systems 0.234 lb/min. (EIFS) Clad Wall Assemblies 75 minute spraying Measured at 15-inte intervals 96" Collected 60 minutes after spraying terminated Flow collection / total applied Criteria: 90% efficiency Continuous Exterior Insulation | Minnesota Building Enclosure Council | May 24, 2016 63



Design Considerations: Drainage Plane





Water-Resistive Barrier - A material behind an exterior wall covering that is intended to resist liquid water that has penetrated behind the exterior covering from further intruding into the exterior wall assembly.

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65

Design Considerations: Drainage Plane





ASTM E2556 - Standard Specification for Vapor Permeable Flexible Sheet Water-Resistive Barriers Intended for Mechanical Attachment.

Water Resistive Barrier - a material that is intended to resist liquid water that has penetrated the cladding system.

Design Considerations: Drainage Plane



Water vapor permeance is not the primary function of WRBs. The primary function is resistance to liquid water.









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Design Considerations: Drainage Plane

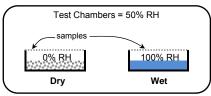


Water Resistance (liquid water)

- "boat method" (ASTM D779),
- "water ponding" method (CCMC 07102 section 6.4.5)
- "hydrostatic head method" (AATCC 127)
 - ASTM E2556 Standard Specification for Vapor Permeable Flexible Sheet Water-Resistive Barriers Intended for Mechanical Attachment

Water Vapor Transmission

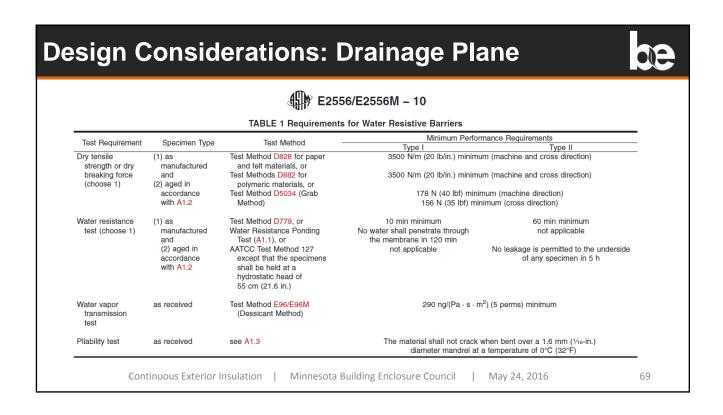
- Desiccant Method "dry cup" (ASTM E96)
- Water Method "wet cup" (ASTM E96)
- ASTM D1653 (organic coating films)
- ASTM E398

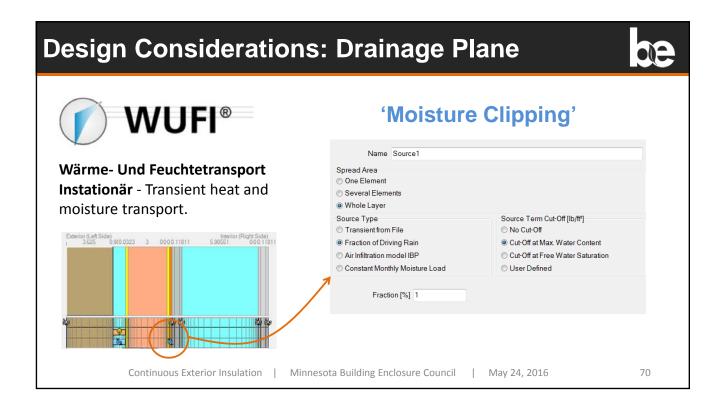


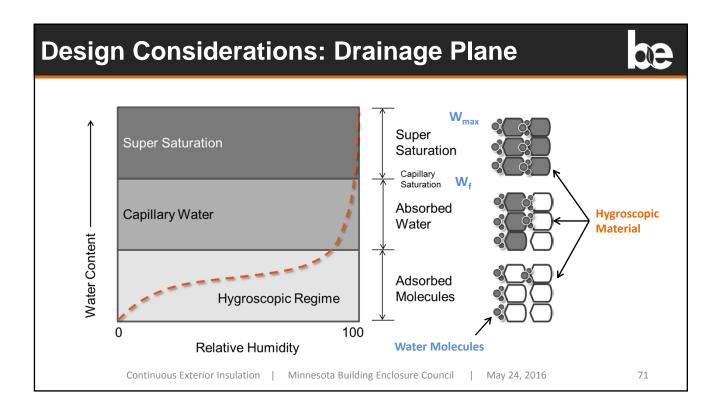
ASTM E96

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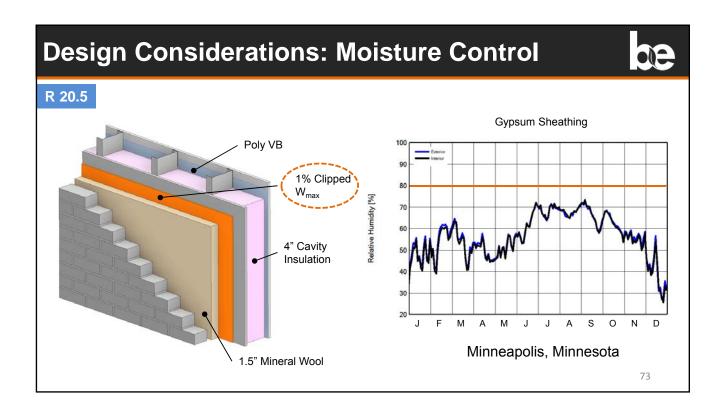
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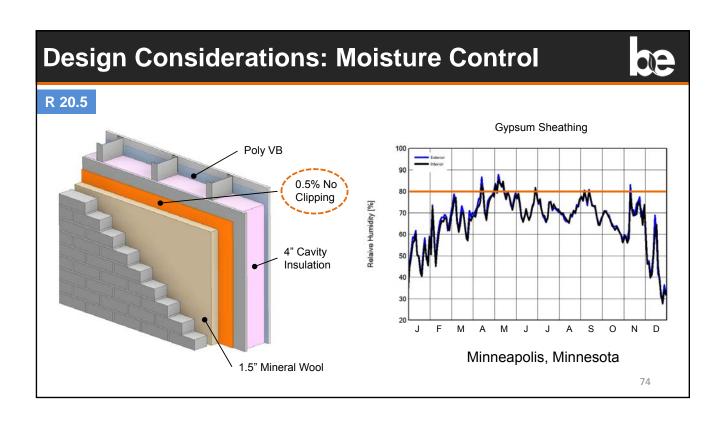


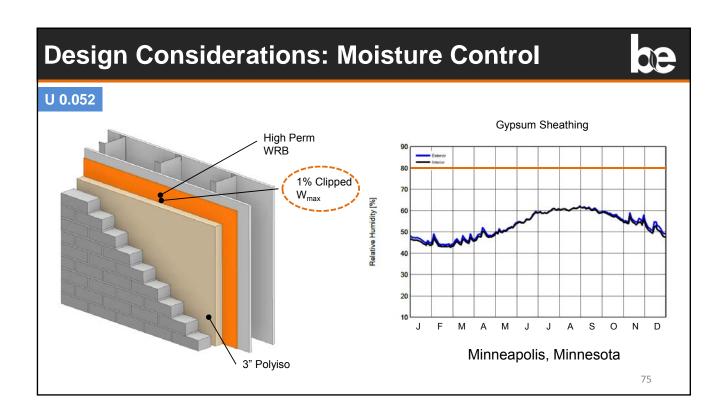


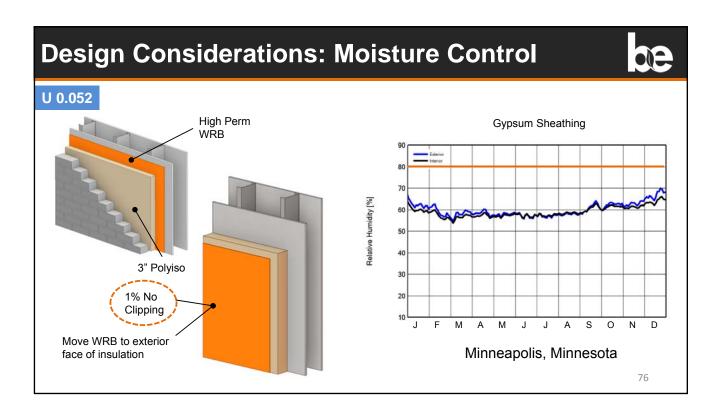


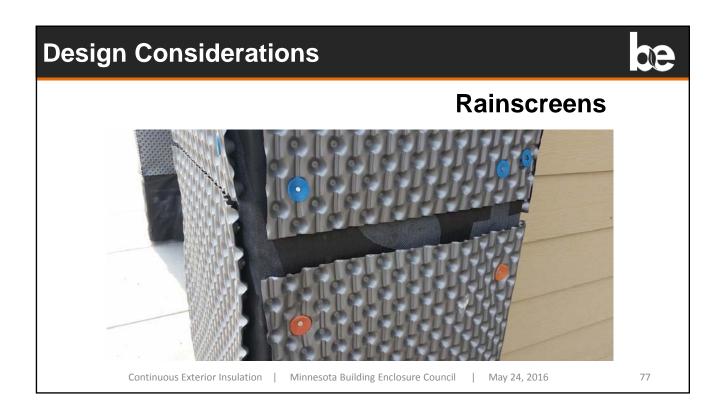
Design Considerations: Drainage Plane Material Properties Basic Data - required Hygric Extensions - refinement bulk density moisture storage function liquid transport coefficient for suction porosity specific heat capacity of dry material liquid transport coefficient for thermal conductivity of dry material redistribution water vapor diffusion resistance factor moisture-dependent thermal conductivity moisture-dependent vapor diffusion of dry material resistance factor Continuous Exterior Insulation | Minnesota Building Enclosure Council | May 24, 2016

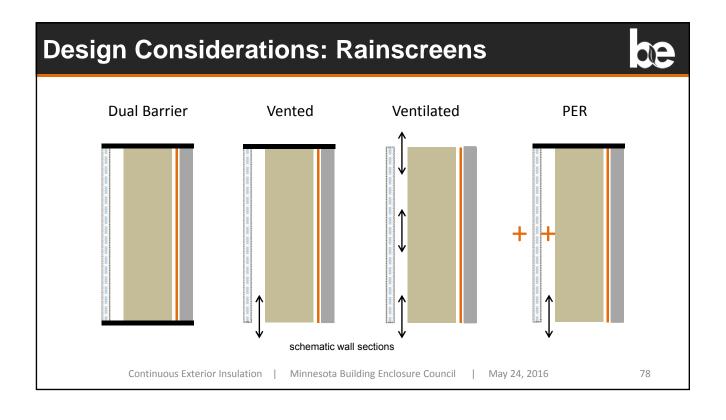










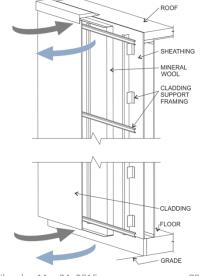


Design Considerations: Rainscreens



Critical Questions

- Do I need a rainscreen?
- What is the preferred strategy?
 - Cladding system, assembly materials
- What are the system's flow velocities?
- What are the system's ACH?
- Is the CI compromised by airflow?
 - Gaps: end gaps & interstitial gaps
 - Vent openings & drainage



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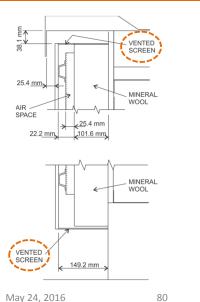
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Design Considerations: Rainscreens

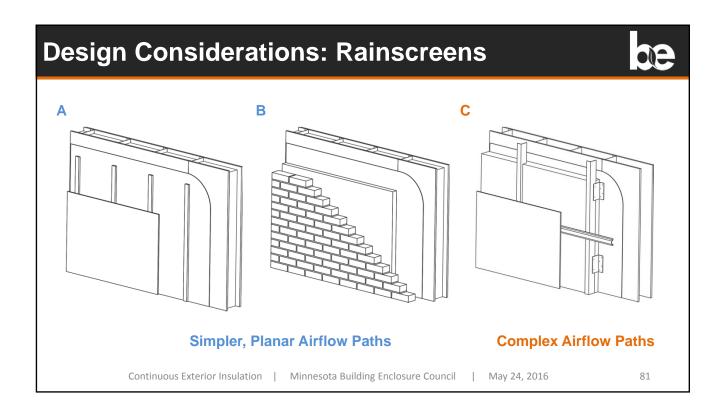


Critical Questions

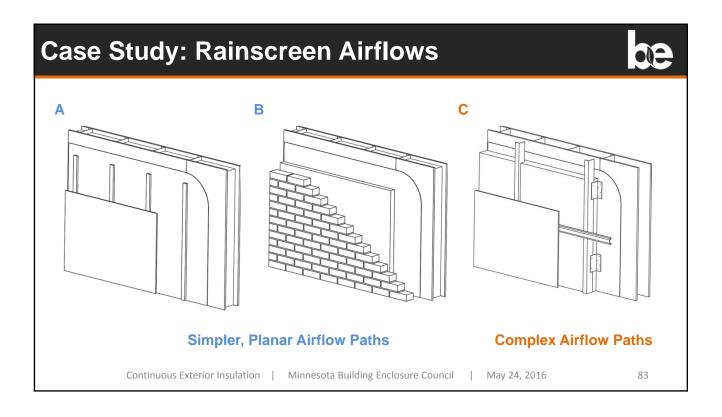
- 1. Do I need a rainscreen?
- 2. What general strategy is necessary?
 - Cladding system, assembly materials
- What are the system's flow velocities?
- What are the system's ACH?
- Is the CI compromised by airflow?
 - Gaps: end gaps & interstitial gaps
 - Vent openings & drainage

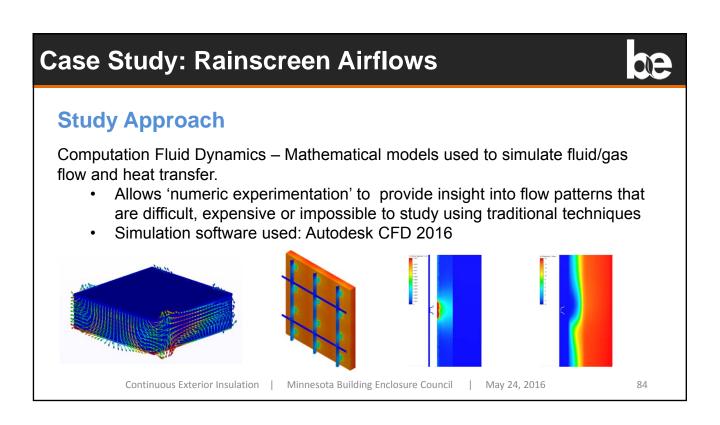


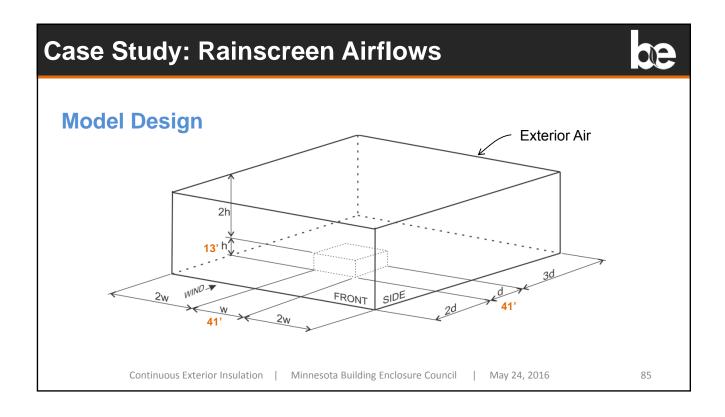
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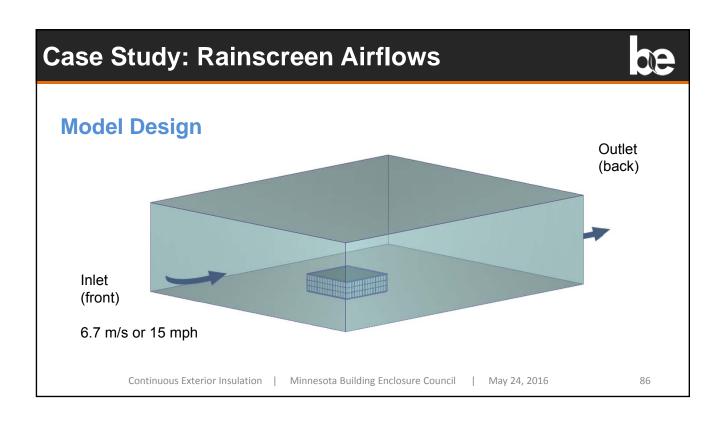


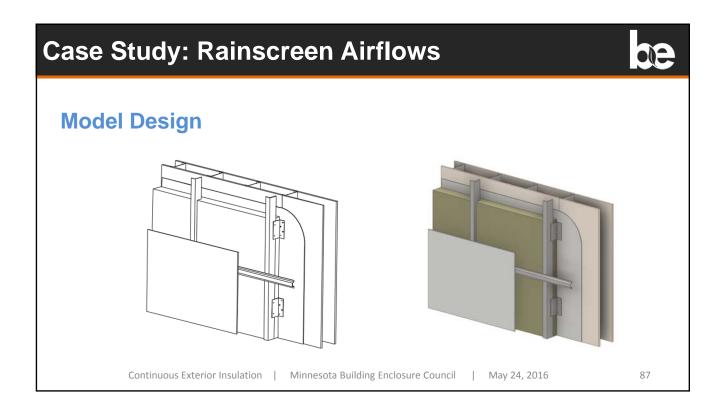


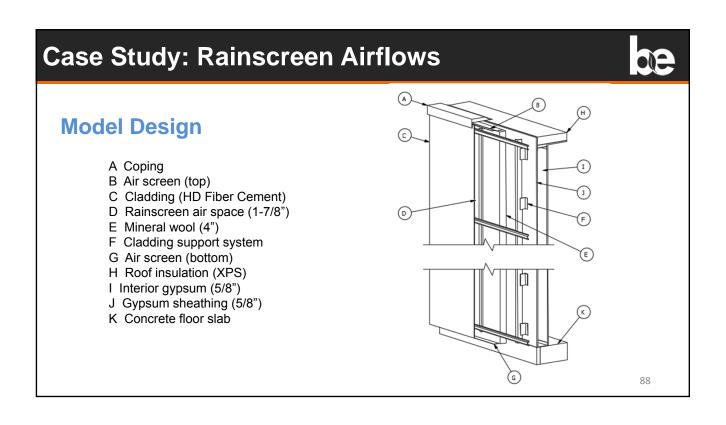


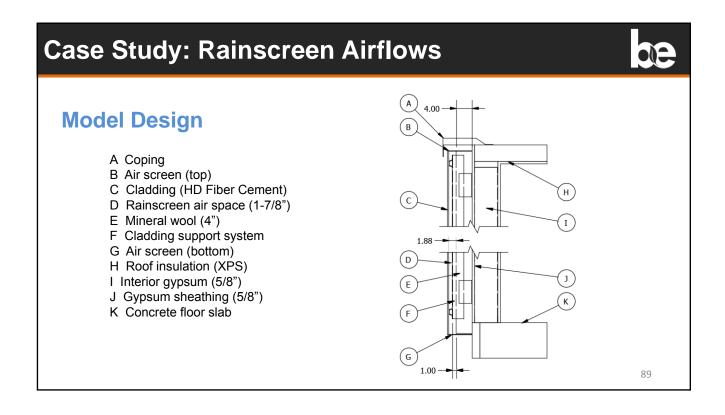


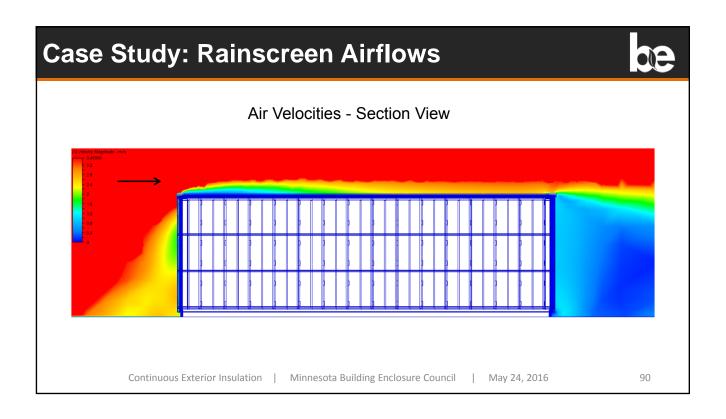


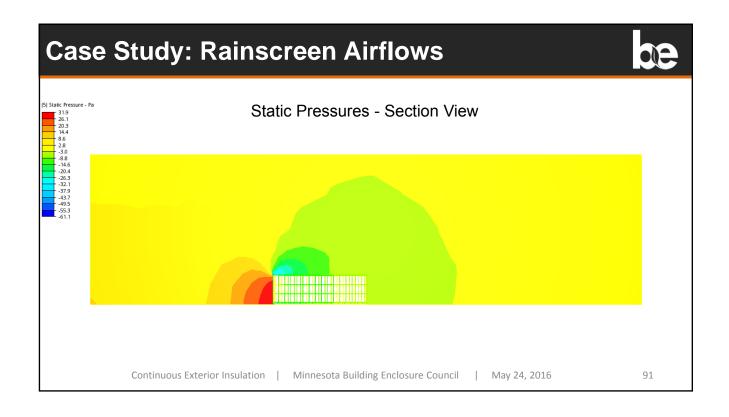


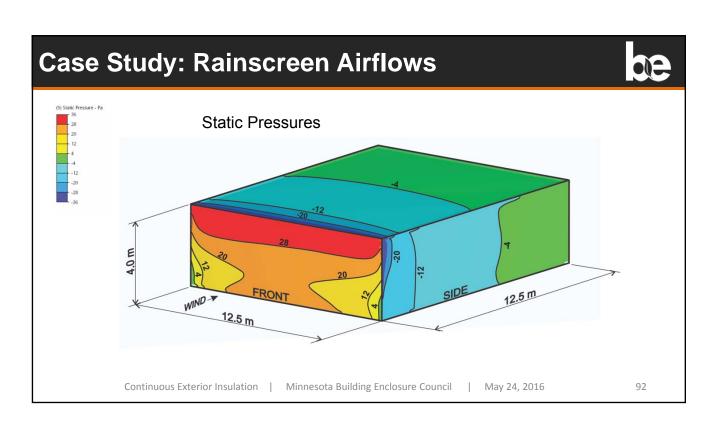


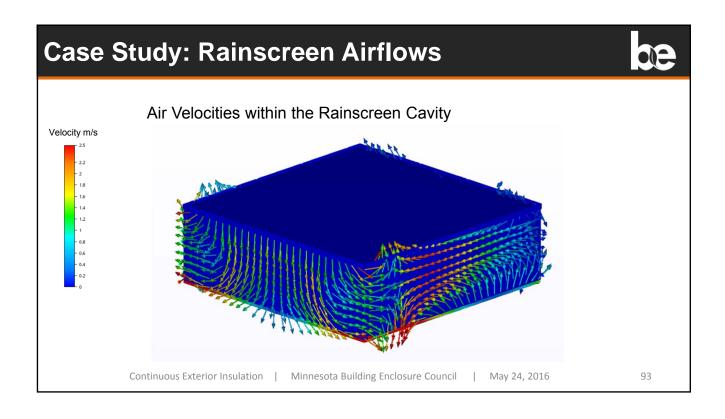


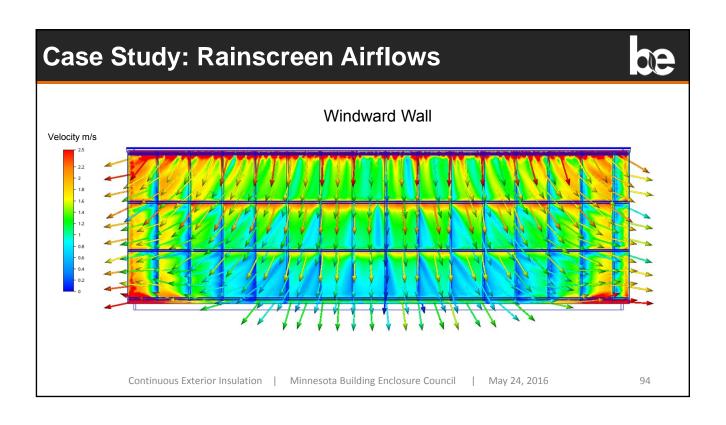


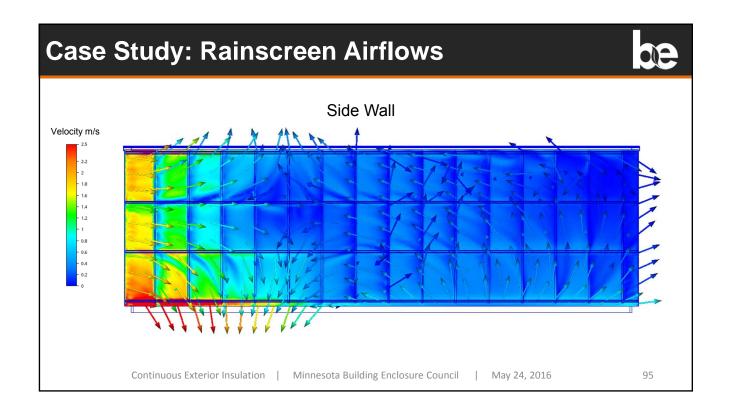


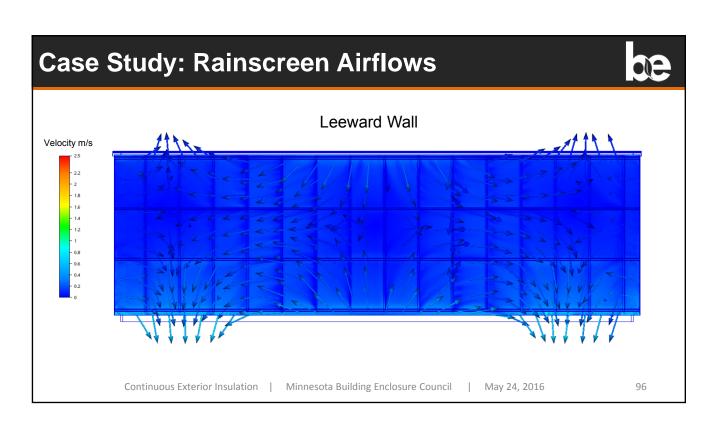


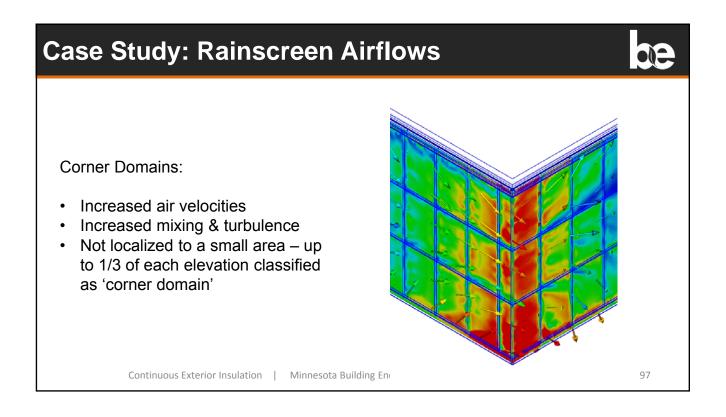


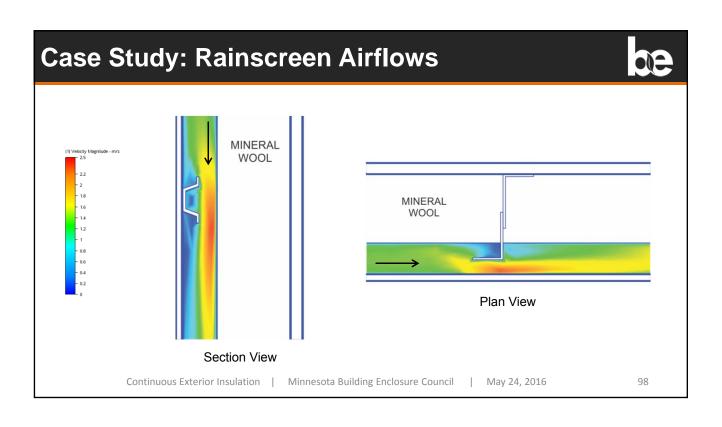










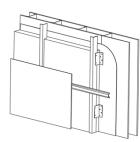


Case Study: Rainscreen Airflows



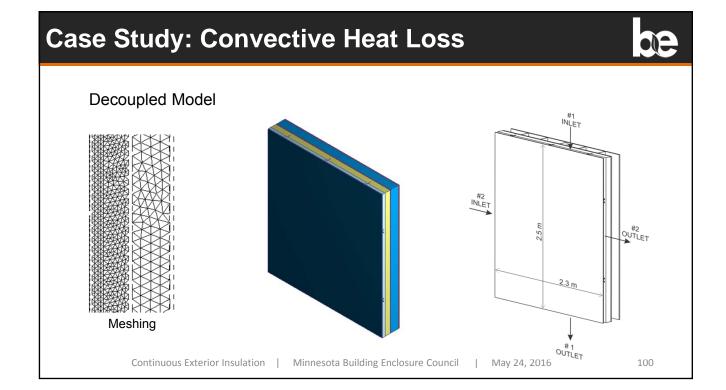
Study Findings

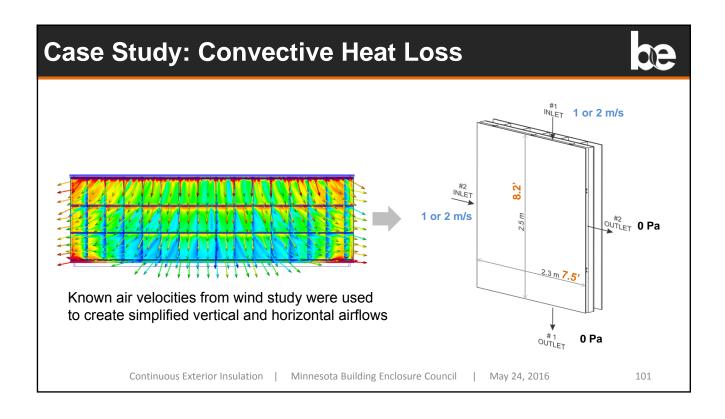
- Dynamic pressures were consistent with known principles for wind loading.
- Air velocities with the rainscreen cavity ranged from 0.1 to 3 m/s.
- Highest velocities occurred in association with inlets, windward corners, and at hat channels and vertical girts.
- Velocities were similar to those found in open rainscreens; however flow patterns were more consistent with conventional backventilated systems.

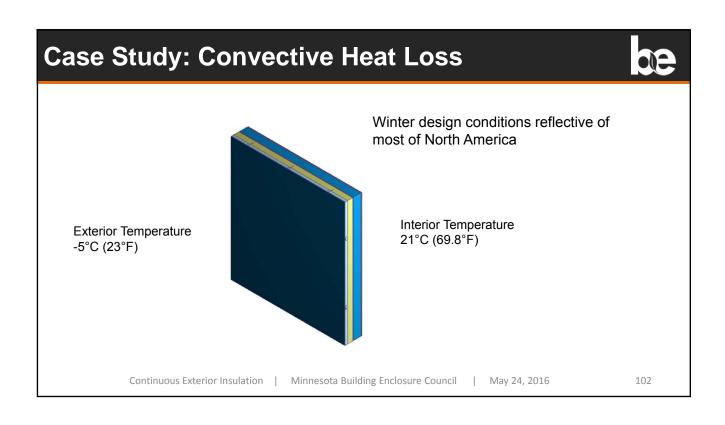




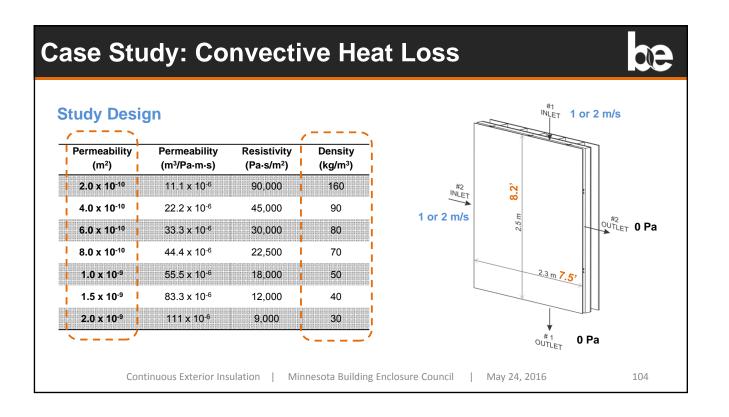
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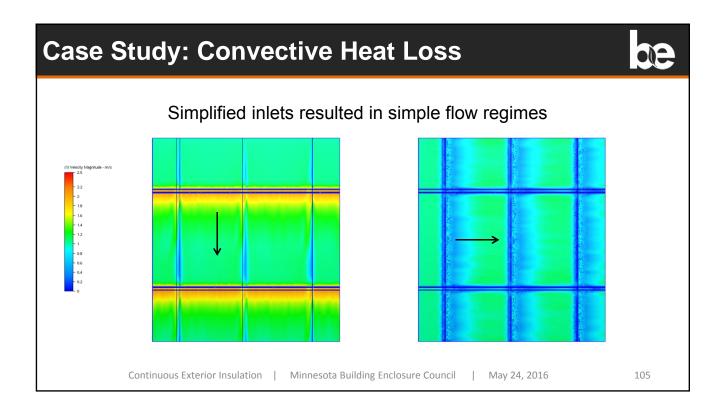


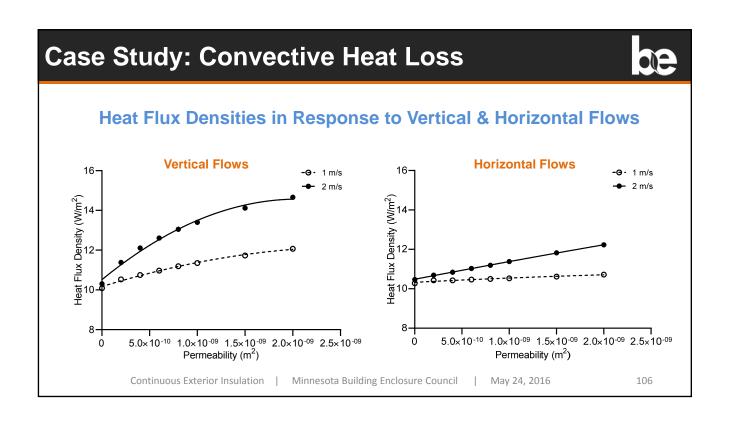




Case Study: Convective Heat Loss Considerations: Air Permeability of Mineral Wool Influenced by . . . Density Matrix composition Fiber size Fiber orientation Lateral perm: 50% higher Fiber inhomogeneity Pressure ISO 9053 / EN 29063 0.2 Pa 30% higher at 5 – 10 Pa Hopkins C. 2007. Sound Insulation. Published by Elsevier Ltd. ISBN: 978-0-7506-6526-1. 648 p:79-82. Continuous Exterior Insulation | Minnesota Building Enclosure Council | May 24, 2016







Case Study: Convective Heat Loss



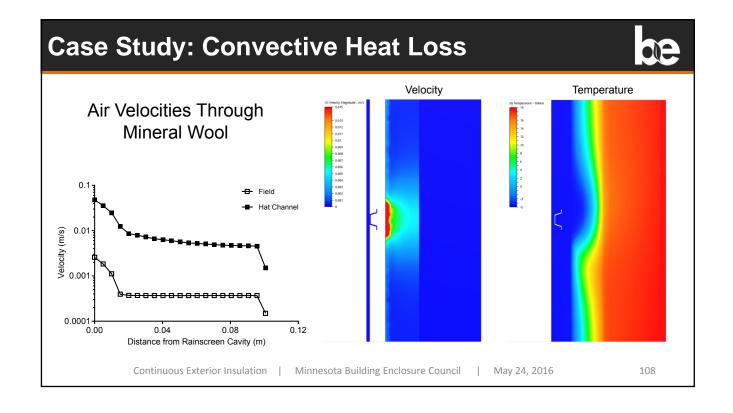
Heat Flux Densities

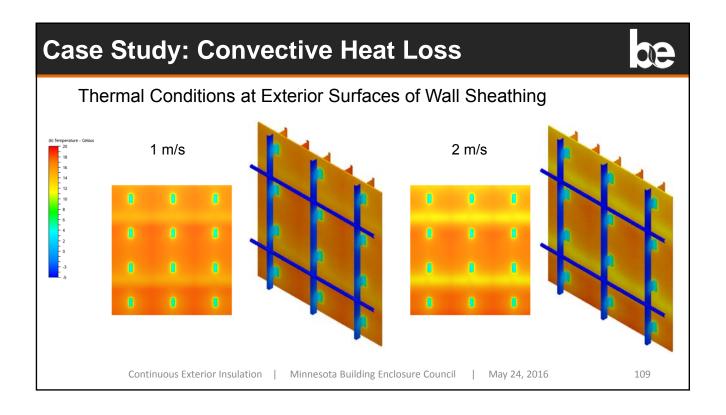
- Vertical flows at 1 m/s: 4 20% increase
- Vertical flows at 2 m/s: 10 42% increase
- Horizontal flows at 1 m/s: 1.5 17% increase
- Horizontal flows at 2 m/s: 2 17% increase

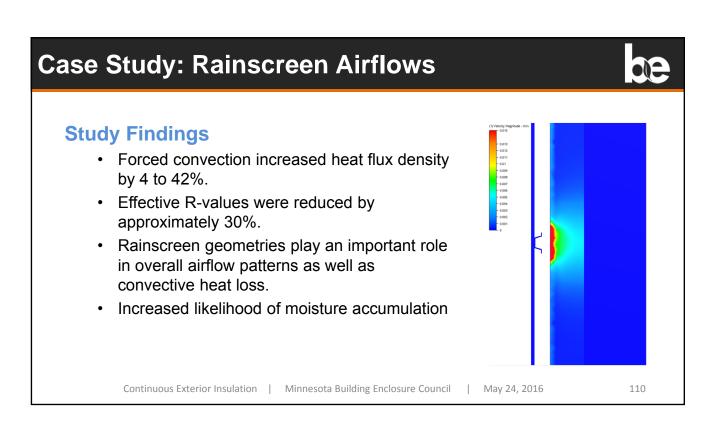
Effective R-values of heat transfer walls as reported in imperial units and as RSI (SI)

	Vertical Flow		Horizontal Flow	
Permeability (m²)	1 m/s	2 m/s	1 m/s	2 m/s
0 (solid)	14.6	14.3	14.3	14.1
	(2.57)	(2.52)	(2.52)	(2.48)
2.0 x 10 ⁻¹⁰	:14	13.0	14.1	13.8
	(2.47)	(2.29)	(2.48)	(2.43)
4.0 x 10 ⁻¹⁰	13.7	12.2	14.1	13.6
	(2.42)	(2.15)	(2.48)	(2.39)
6.0 x 10 ⁻¹⁰	13.4	11.7	14.1	13.4
6.0 X 10	(2.36)	(2.06)	(2.48)	(2.36)
8.0 x 10 ⁻¹⁰	13.2	11.3	14.1	13.2
0.0 X 10	(2.32)	(1.99)	(2.48)	(2.32)
1.0 x 10 ⁻⁹	13.0	11.0	14.0	13.0
1.0 X 10	(2.29)	(1.94)	(2.47)	(2.29)
1.5 x 10 ⁻⁹	12.6	10.5	13.9	12.5
1.5 X 10	(2.22)	(1.85)	(2.45)	(2.20)
20109	12.2	10.1	13.8	12,1
2.0 x 10 ⁻⁹	(2.15)	(1.78)	(2.43)	(2.13)

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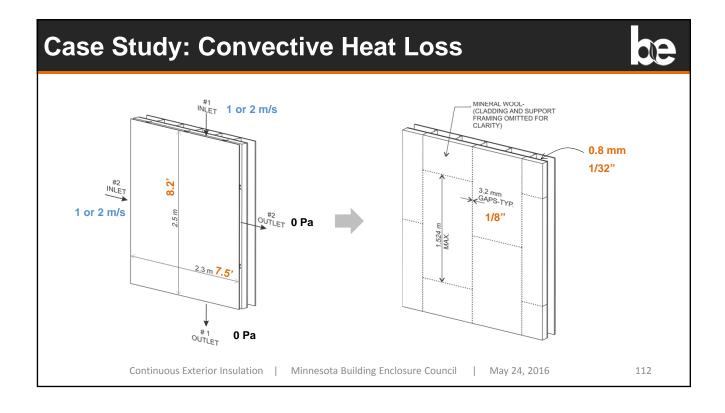


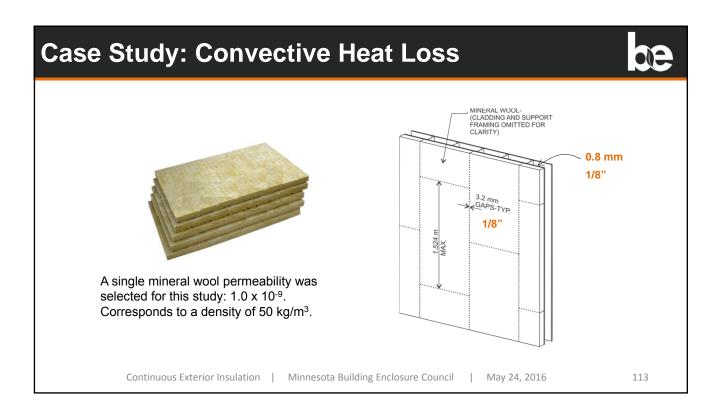
Case Studies



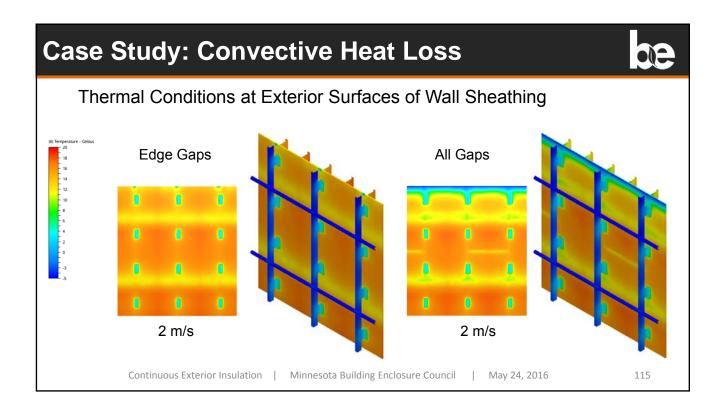
The Effects of Insulation Gaps on Thermal Performance

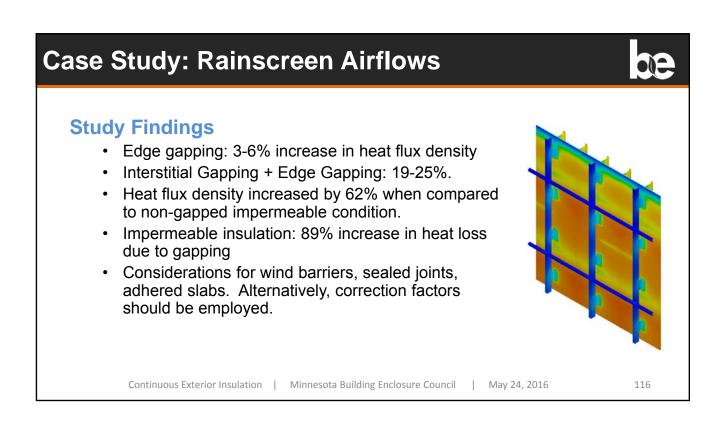
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Case Study: Convective Heat Loss Heat Flux Densities for Edge and Interstitial Gapping Heat Flux Density W/m² (Btu/hr/ft²) Edge Gaps 3 to 6% (Interstitial Gap) No Gaps 19 to 25% 1 m/s: vertical airflow 11.9 13.5 11.4 (3.60)(3.78)(4.27)1 m/s: horizontal airflow 10.5 11.1 12.7 (4.04)(3.34)(3.51)2 m/s: vertical airflow 13.4 13.9 16.7 (4.25)(4.40)(5.31)2 m/s: horizontal airflow 11.4 11.8 14.1 (3.61)(3.75)(4.48)Continuous Exterior Insulation Minnesota Building Enclosure Council 114



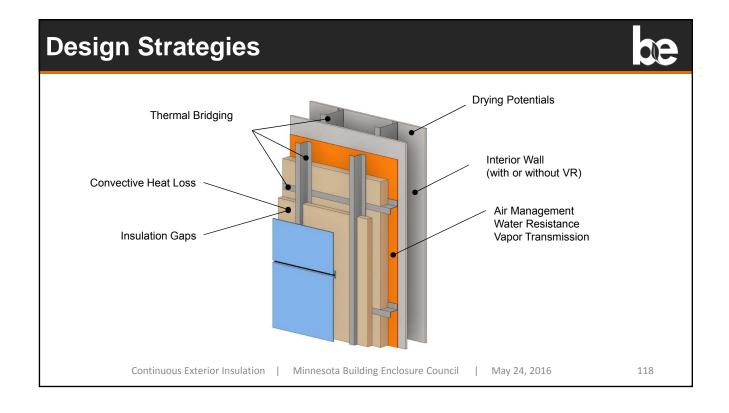


Design Strategies



Strategies for Higher Performing Walls

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Strategies for Higher Performing Walls



Primary Objective: Combine safe, efficient insulation strategies with high moisture resilience.

Moisture Resilience - The assembly's ability to accommodate moisture loading from exterior and interior sources

Liquid Water Resistance



Water Vapor Transmission



Improved Moisture Transport

- Effective drying
- Safe moisture storage

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119

Strategies for Higher Performing Walls



The Building Enclosure Core

A design concept that emphasizes moisture resilience in achieving the highest thermal efficiency.



Simplicity





Performance

Moisture Resilience

- Accommodates high moisture loading
- High drying capacity
- Redundant safeguards
- Independent of cladding type
- Considers human and climate factors

Thermal Efficiency

- Emphasizes exterior CI
- Minimizes thermal bridging
- Prevents convective heat loss
- High R-values
- Adaptable to all climates

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Strategies for Higher Performing Walls The Building Enclosure Core: An Example **Emphasizes simplicity** Omits interior vapor retarders Omits cavity insulation Omits sheathing, where possible Omits redundant WRB Maximizes moisture transport Omits interior vapor retarders Utilizes vapor permeable WRB Combines drain plane with rainscreen cavity Vapor permeable WRB over exterior insulation Maximizes Energy Efficiency Utilizes exterior CI Minimizes thermal bridging Prevents convective heat loss Adaptable to all climates Continuous Exterior Insulation | Minnesota Building Enclosure Council | May 24, 2016 121

